

Look after someone's pet	Make a card for a neighbor or teacher	Research an issue you care about	Hold a door open for someone	Find some toys or clothes to donate
Notice if someone is sad and help	Learn more about a local organization that helps kids	Help someone carry in a box, bag, or groceries	Convince a family member to donate to an organization	Make some food to share with friends
Listen to episode 19 or 25 of our podcast	Contact a local politician about an issue you care about		Speak up when someone is getting bullied	Imagine a new solution for a social problem
Ask your parent about their day	Listen to someone else's favorite song	Take care of a plant or weed a garden	Come up with 5 ways to help someone using a potato	Listen to someone who needs to talk
Call a relative who lives far away	Pick up trash in your neighborhood	Read <i>Lubna and Pebble</i> or <i>Strictly No Elephants</i>	Draw something to cheer someone up	Notice if someone is sad and help